

Advice during COVID-19:

Back to school Advice for parents



Coronavirus
COVID-19
Public Health
Advice

Everyone has been working very hard to ensure a safe reopening of schools for staff, students and their families.

Most students will be looking forward to going back to school and will feel happy and excited. Some may feel a little anxious about returning. That's a normal response at a time of change. Most will settle back in soon once they get used to the new rules and routines.

Remind them of the **positive aspects of returning**
– like re-connecting with friends and re-engaging with school activities.

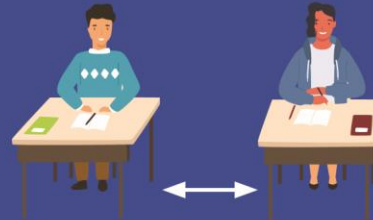


New rules and routines to follow to keep everyone safe:



➤ **Good handwashing and hygiene practice** – important for all students. Make sure your child knows to use a tissue to cover coughs or sneezes or to cough or sneeze into their elbow.

➤ **In senior primary classes and at post-primary** – physical distancing procedures will need to be followed by all.



➤ **Primary school** – younger children may not be required to practice physical distancing, but they may be organised into pods. There may also be new rules about drop off and pick up.

➤ Staff in all schools, and post-primary students, should **wear a face covering** where a physical distance of 2 metres cannot be maintained.



**An Roinn Oideachais
agus Scileanna**
Department of
Education and Skills

Advice during COVID-19:

Back to school Advice for parents



New rules and routines to follow to keep everyone safe:

- Encourage your child to **walk or cycle to school** if possible and safe to do so.



- **School transport** – students will have an assigned seat and post-primary students will be required to wear a face covering when waiting for and when on-board the bus.

- **Schools will communicate directly with families** about reopening. **Talk together** at home about what to expect when going back to school



- Having **healthy routines** in place will help with the adjustment of returning to school. Encourage your child to **gradually return to a school term bedtime routine**.

- **Help your child to eat healthily, take exercise and reconnect with friends.**



- Students who have Covid-19 symptoms, including a fever, a cough, shortness of breath or breathing difficulties, or loss or change to their sense of smell or taste should not attend school. **Please follow guidance on HSE.ie on self-isolation and phone your doctor.** Make sure students know that if they feel unwell in school they should tell their teacher straight away.

- **Teachers understand that it hasn't been easy for young people to study at home during school closures.**



Remember, we all have a role to play in getting everyone back to school safely.

For more see gov.ie/backtoschool

**An Roinn Oideachais
agus Scileanna**
Department of
Education and Skills

25 August 2020



- Video for parents with key information on supporting children to return to school available [here](#) and [here](#)
- Fliers for parents – these are attached in this email but are also available for download [here](#). The HSE has prepared material on recognising symptoms, which complements the material from the Department on returning to school. This is available [here](#)
- Age-appropriate videos for children and young people at different stages. Videos for primary (both junior and senior level) and post-primary students are available [here](#)
- Resources in a wide range of languages. Many schools will enjoy a huge diversity among their student and parent community. To support these parents, we have translated guidance for parents at gov.ie/backtoschool.

The Covid-19 World Service project has also consulted with the Department and has used our key messages to produce a range of videos in a variety of languages which your school community may find helpful – please see more at <https://nascireland.org/covid-19-world-service>